

### **Community College of Vermont (CCV) Intro to College Studies (ICS Course)**

ICS prepares student for college by helping them set goals, problem-solve, manage time and stress, improve communication skills, take better notes, reduce test anxiety and plan financially.

- Free to all Vermont high school students, including the textbook
- Offered every semester throughout Vermont
- Prepares students for success in dual enrollment courses and college
- Ideal for high school sophomores to prepare them for college courses available their junior and senior years
- May be offered in high school under special arrangement

Go to <http://gotocollegevt.org/start-college-in-high-school/ics/> or contact natalie.searle@ccv.edu